

## Mark Brayne

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| <b>Profile</b>  | <p>EMDR Europe Accredited Consultant, couples therapist and UKCP-registered psychotherapist. (10,000+ client hours)</p> <p>Director of Braynetwork Ltd and EMDR Focus Ltd.</p> <p>Training Facilitator, Parnell Institute for Attachment-Focused EMDR</p> <p>Chair East Anglia Regional Group EMDR Association UK &amp; Ireland</p> <p>Former BBC and Reuter foreign correspondent/editor with 30 years' experience of working in and reporting from and about Russia, Eastern/Central Europe and China.</p> <p>Founder Director Europe (2002-2008) Dart Centre for Journalism and Trauma.</p> <p>Founder and first Director BBC Trauma Support Programme (2003-2004).</p>  |
| <b>Higher Education</b>   | <p>Postgraduate Diploma in Couples Therapy (CCPE, 2010)</p> <p>Postgraduate Diploma in Psychotherapy Supervision (CCPE, 2009)</p> <p>Masters Degree (with distinction) in Transpersonal Counselling &amp; Psychotherapy, CCPE/DeMontfort University (2000). Dissertation topic: The Personal Experience of the Foreign Correspondent.</p> <p>Diploma in Transpersonal Psychotherapy, Centre for Counselling and Psychotherapy Education, CCPE London (1999).</p> <p>Certificate in Foundations of Counselling and Psychotherapy CCPE London (1995).</p> <p>Bachelor of Arts, University of Leeds (1973). First Class honours in German and Russian.</p>   |
| <b>Further Training/ Memberships</b>                                    | <p>Trustee EMDR UK and Ireland Association, 2014-2015</p> <p>EMDR Europe Accredited Practitioner 2008</p> <p>Trustee EMDR Humanitarian Assistance Programme UK &amp; Ireland (HAPUK&amp;I) 2009-2014</p> <p>Parnell Institute Trainer in Attachment-Focused EMDR 2014-present</p> <p>Trauma-Focused Cognitive Therapy Cardiff 2006</p> <p>Various CPD as required for UKCP accreditation.</p> <p>Board Member, European Soc for Traumatic Stress Studies ESTSS 2004-2008.</p>   |
| <b>Publications (a selection, apart from work as BBC Correspondent)</b> | <p><b>Attachment-Focused EMDR</b> – Research and presentation to EMDR UK annual conference on therapist and client experience of AF-EMDR in practice.</p> <p><b>It's a Kind of Magic – EMDR and the Transpersonal.</b> <i>EMDR Now</i> 2017</p> <p><b>The Standard Protocol: Time to Move On?</b> <i>EMDR Now</i>, Jan 2015</p> <p><b>Journalists' and Media professionals' attitudes to PTSD and help-seeking: a descriptive study.</b> (With Greenberg, Gould, Langston). <i>Journal of Mental Health. Informa Healthcare.</i> 2009</p> <p><b>Emotions, Trauma and Good Journalism.</b> In <i>International News Reporting – Frontlines and Deadlines.</i> Owen&amp; Purdey, Wiley 2008.</p> <p><b>Journalism and Trauma Support.</b> In <i>Employee Wellbeing Support; A Workplace Resource,</i> Wiley 2008.</p> <p><b>Climate Change and the Therapist.</b> <i>Therapy Today.</i> December 2007</p> <p><b>Early Psychosocial Intervention Following Traumatic Events.</b> <i>American Journal of Psychiatry</i> (with Bisson, Ochberg, Everly). July 2007</p> <p><b>Tackling the Macho Culture.</b> In <i>International Journalism,</i> Wiley, 2007</p> <p><b>Media Workers and the Duty of Care.</b> In <i>Counselling at Work,</i> ACW/BACP summer 2006</p> <p><b>The Dart Centre and the Reporting of Trauma.</b> <i>Wildwasser Berlin,</i> 2006.</p> <p><b>Tackling the Macho Culture: Trauma and Journalists.</b> in <i>Counselling at Work,</i> ACW/BACP Autumn 2004.</p> |

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|                                  | <p><b>Emotions, Trauma and Good Journalism.</b> In: <i>International News in the 21st Century</i> (John Libbey/University of Luton Press, 2004).</p> <p><b>The Problem of Distance.</b> In: <i>Reporting the News from China</i>, ed Robin Porter, Royal Institute for International Affairs, 1992</p> <p><b>Filming the PLA.</b> In: <i>Bulletin of the British Association for Chinese Studies</i>, London, Sept 1989.</p> <p><b>Luther: "One of the Greatest Sons of the German People."</b> In: <i>GDR Monitor</i>, Dundee, Summer 1980.</p>   |
| <b>Experience and Employment</b> |  |
| Aug 1998-present                 | <p><b>Psychotherapist in private practice</b></p> <ul style="list-style-type: none"> <li>• Accredited EMDR Consultant (2011) following foundation training in EMDR 2004 and accreditation 2008 as EMDR Practitioner.</li> <li>• UKCP-registered since 2000</li> <li>• 10,000+ client hours to date</li> <li>• Regular supervision</li> <li>• £2m professional indemnity insurance</li> </ul>   |
| Jan 2015-present                 | <p><b>Director EMDR Focus Ltd</b><br/>UK training organisation working in partnership with Dr Laurel Parnell's Parnell Institute in the USA, bringing training to Europe in Attachment-Focused EMDR.</p>   |
| Sept 2003 – present              | <p><b>Director Braynetwork</b><br/>Company dedicated to therapeutic and training support of individuals and organisations dealing with the experience and aftermath of trauma. Numerous training courses and trauma support delivered to:</p> <p style="padding-left: 40px;">National Public Radio US (2007-2017)<br/>Comic Relief (2011-14)<br/>Reuters News Agency (2002-2012)<br/>WDR Germany (2006-2011)<br/>News International (2010)<br/>Washington Post (2006, 2008)<br/>BUPA (2002-2008)<br/>Financial Times (2006, 2008)<br/>Deutsche Welle (2008)<br/>ABC News (2006-07)<br/>NBC News (2007)<br/>BBC (2002-2007)<br/>Balkans Investigative Reporters Network (2007)<br/>OSCE Belgrade (2007)<br/>Al-Jazeera, Doha (2006)<br/>CBS News (2006)<br/>Reporters without Borders Spain (2006)<br/>ITN (2005)<br/>Agence France Press (Paris) 2005<br/>Media Diversity Institute Croatia (2003)<br/>Universities of Cardiff, Roehampton, Huddersfield, Falmouth, Bournemouth, Pamplona (Spain), University of the West of England (2007-2014)</p> <p>Varied and frequent public speaking engagements, keynote addresses on EMDR, journalism and psychotherapy, and workshops/seminars involving and including for example</p> <p style="padding-left: 40px;">Organising and speaking at successive EMDR Association East Anglia regional networking events, Norwich/Ely/Cambridge/Chelmsford/Ipswich 2014-present<br/>Leeds EMDR Regional Group May 2017 on Attachment-focused EMDR<br/>York EMDR Regional Conference Oct 2015<br/>BACP Private and Independent Practitioner Networks, London, two keynotes Sept 2015<br/>South-West Trauma Network conference, Bristol, Oct 2014<br/>Stroud Trauma Symposium Nov 2011<br/>European Society for Traumatic Stress Studies (ESTSS) (2003, 2005,</p> |

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|                       | <p>2007)<br/> International Society for Traumatic Stress Studies (ISTSS) (2002, 2003, 2004, 2005, 2006, 2007)<br/> Cirencester Counselling Service (2008)<br/> Coupleworks (2008)<br/> South Yorkshire Fire Service (2008)<br/> Association of Independent Practitioners (BACP, 2007)<br/> Swedish Society for Disaster Psychology (2006)<br/> German Psychotrauma Society DeGPT (2007)<br/> Danish Society of Disaster Psychology (2006)<br/> Turkish Society for Traumatic Stress Studies Istanbul (2005)<br/> British Association for Counselling and Psychotherapy (2002, 2007)<br/> Association for Counselling at Work (BACP 2005)</p>   |
| Jan 2002-Jan 2008     | <p><b>Director Europe, Dart Centre for Journalism and Trauma</b><br/> Setting up and directing European operations of then-Seattle-based Dart Centre – world’s only NGO explicitly dedicated to furthering understanding and awareness within the media world of trauma and trauma science.</p> <p>Public speaking engagements, keynote addresses and workshops/seminars involving and including for example</p> <p>ISTSS symposium contributions annually in November, on issues of journalism and trauma (2002-2007)<br/> News Xchange (2002-2007)<br/> Russian Union of Journalists (2005 – 2007)<br/> AZPrensa, Spain (2007)<br/> European Broadcasting Union (Warsaw 2006)<br/> Belgian Union of Journalists (2005)</p> |
| Oct 2002-Sept 2003    | <p><b>Director, BBC Project for Journalism and Trauma.</b></p> <ul style="list-style-type: none"> <li>Devised and implemented comprehensive programme of trauma awareness raising and support across the BBC in advance of the 2003 Iraq war.</li> </ul>   |
| Aug 1994-Oct 2002     | <p><b>Regional News and Current Affairs Editor, European Region, BBC World Service</b></p> <ul style="list-style-type: none"> <li>Responsible for editorial coherence and standards within 12 European language services of the BBC, ranging from Polish to Greek. Extensive experience in journalism training and editorial leadership.</li> <li>Helped manage the introduction at the BBC of the provision of confidential counselling.</li> </ul>   |
| April 1994-Aug 1994   | <p><b>Acting Head, Central European Services, BBC World Service</b></p> <ul style="list-style-type: none"> <li>Co-managing the then 13 Central European language services of the BBC</li> </ul>  |
| April 1993-April 1994 | <p><b>Deputy Head, BBC Russian Language Service</b></p> <ul style="list-style-type: none"> <li>Identifying reform requirements in one of BBC World Service’s key languages, leading to significant restructuring and refocusing.</li> </ul>  |
| Aug 1992-April 1993   | <p><b>Deputy Head, BBC Central European Services</b></p> <ul style="list-style-type: none"> <li>Managing the then 13 Central European language services of the BBC</li> </ul>  |
| Mar 1992- Aug 1992    | <p><b>Head of BBC World Service Current Affairs and Talks</b></p> <ul style="list-style-type: none"> <li>Daily editorial management and writing of central provision of written analysis on current affairs, mainly for translation and adaptation by Language Services</li> </ul>   |
| Jan 1988-Mar 1992     | <p><b>Diplomatic Correspondent, BBC World Service, based London</b></p> <ul style="list-style-type: none"> <li>Covering the end of the Cold War and travelling extensively for BBC Radio in Europe, Middle East, USA, China and Far East, and Africa.</li> <li>Covered the fall of communism and in particular demonstrations in Tiananmen Square, Beijing, 1989, the fall of Ceausescu in the Romanian Revolution, and also Soviet-American disarmament summits and the 4+2 negotiations that led to the reunification of Germany.</li> </ul>   |
| Aug 1984-Dec 1987     | <p><b>BBC Beijing Correspondent</b></p>  |

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|                    | <ul style="list-style-type: none"> <li>Travelled extensively in China and the Far East, covering the beginnings of China's rise after the Cultural Revolution to the status of major world economic and political power.</li> </ul>   |
| Apr 1981-Aug 1984  | <p><b>BBC Central Europe Correspondent</b></p> <ul style="list-style-type: none"> <li>Based Vienna, covering Eastern Europe from Poland and Czechoslovakia to Bulgaria and Yugoslavia.</li> <li>Highlights being the rise and fall of Solidarity in Poland, with martial law, and the beginnings of the end of Yugoslavia.</li> </ul> |
| Nov 1978- Mar 1981 | <p><b>BBC Berlin Correspondent</b></p> <ul style="list-style-type: none"> <li>Operating out of West Berlin but covering mainly East German affairs, in German for BBC German Service as well as English for wider BBC.</li> </ul>   |
| Jan 1977-Nov 1978  | <p><b>Reuters Correspondent, East Berlin</b></p> <ul style="list-style-type: none"> <li>As only reporter for major English-language news outlet, reporting GDR affairs in English and in German.</li> </ul>   |
| Jan 1976-Dec 1976  | <p><b>Sub-Editor, Reuters World Desk</b></p> <ul style="list-style-type: none"> <li>Editing international news copy</li> </ul>  |
| May 1974-Dec 1975  | <p><b>Reuters Correspondent, Moscow bureau.</b></p> <ul style="list-style-type: none"> <li>Trainee post initially, becoming fully-fledged correspondent and member of three-man bureau.</li> </ul>  |
| Oct 1973-May 1974  | <p><b>Reuters Graduate Trainee, London</b></p> <ul style="list-style-type: none"> <li>Training and preparation for first posting and for career in journalism.</li> </ul>   |
| Oct 1968-June 1973 | <p><b>University of Leeds</b></p> <ul style="list-style-type: none"> <li>First-class Degree in German and Russian.</li> <li>Included one year in Moscow 1972-73 as British Council undergraduate student</li> <li>Summer term 1971 as student in Leipzig, East Germany</li> </ul>   |